

Mantra Forest Spa (Ticket only + Shared Round Trip Transfer)

#TOUR-201 · TOUR · Spa · Phang Nga



Overview

Mantra Forest Spa - Largest Forest Wellness Retreat 20,000 sq.m. of herbal pools, onsen, and forest calm, just 5 minutes from Samet Nangshe Viewpoint Step off the beach circuit and into something different. Set across 12 rai of lush forest in Phang Nga, Mantra Forest Spa is built as a sensory journey - wander between 10 herbal pools, 6 Japanese-inspired onsen, two saunas, a bracing ice bath, and our signature Vietnamese Mud Bath Tom Yum Pool infused with lemongrass. Soak in the Turmeric, Green Tea, & Coffee pools, unwind with a traditional Thai or oil massage in an open-air sala, then drift over to the lotus lake - a mirror-still expanse of water lilies that's become one of the most photographed corners of the retreat.

Schedule & Operations

Pickup Time	07:30-08:00 / 12:30 - 13:00
Duration	09:00 - 20:00
Minimum Persons	1 pax
Operating Days	Tue · Thu · Sat
Time Slots	Morning · Afternoon · Morning Program 09:30 - 14:30 / Afternoon Program 15:00 - 20:00

Highlights

- One day pass includes full daily access from 9AM to 8 PM, a complimentary towel, lockers, and showers. Open daily, 9 AM–8 PM.

Itinerary

1	Herbal Zone - Vietnamese & Thai Herb Pools (Turmeric, Green Tea, Coffee, Cucumber, and signature Tom Yum). Step into our lush herbal bathing area with a collection of Thai and Vietnamese-inspired pools, each infused with natural ingredients designed to soothe, rejuvenate, or detox
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2	Japanese / Onsen Zone - Lavender milk, Yuzu Onsen + Hot Pool, Jacuzzi, Ice Bath : Inspired by the peaceful onsen culture of Japan, this area offers a thermal bathing experience designed to balance body and mind.
3	Mixed Sauna - 2 Cedar rooms : Our tow-room sauna offers a calming space to detox, improve circulation, and support overall wellbeing.
4	Rain Cave - Misty Grotto with Waterfall : A cool mist-filled space with a gently echoing waterfall. Step in after heat therapy to cool down and reset. A favourite among guests for its sensory effect and natural soundscape.

Inclusions & Exclusions

Included

- ✓ Shared Pick up & drop off (Free for Kata, Karon, Patong, Tri Trang, Kalim, Kamala, Surin, Bangtao, Laguna Layan, Naithon, Nai Yang, Mai Khao)
- ✓ Forest Serenity Day Pass Ticket
- ✓ Herbal Zone
- ✓ Japanese / Onsen Zone
- ✓ Mixed Sauna
- ✓ Rain Cave
- ✓ Towel
- ✓ Bottle of water
- ✓ Welcome drink
- ✓ Cold Towel
- ✓ Padlock for locker (100 THB deposit)

Excluded

- ✗ Mantra Cafe & Amenities
- ✗ Massage Options
 - ✗ Back & Shoulder Massage 15 mins = 200 THB
 - ✗ Thai Massage 40 mins = 500 THB
 - ✗ Foot Massage 40 mins = 600 THB
 - ✗ Oil Massage 40 mins. = 700 THB
 - ✗ Aloe Vera Massage 50 mins. = 900 THB
- ✗ Extra charge 300 THB per person for (Panwa, Siray, Town, Rawai, naiharn, Ao Por, Paklok, Palai)

Subject to availability, seasonal surcharges, and blackout dates.